

Creating and maintaining a happy, healthy and safe family friendly environment is an individual and community effort. In order to partner with guiDANCE to facilitate this, I agree to all of the following terms and conditions. I also agree and understand the set forth consequence if any content of the routine I am registering does not comply with the below standards.

MUSIC: I agree my music is Age Appropriate for all dancers and audience members. Lyrics WILL NOT contain any of the following:

- Inappropriate language, explicit and/or implicit
- References to/subliminal suggestions of (or sounds that allude to) adult sexual behavior (even if not explicit)
- References to criminal behavior, gang activity, dangerous behavior, violence, or physical or mental abuse
- Racist, homophobic, misogynistic, or other language or behavior that could be considered discriminatory
- Lyrics that are misandrist (communicating a dislike of/or prejudice against males) or misogynistic (communicating a dislike of/or prejudice against females)
- References to drug and/or alcohol use, adult partying, etc. in a way that condones or illustrates these behaviors.
- Attacking, demeaning or disrespecting a specific demographic

Please Note: Music is due 45 days prior to the event.

Not sure if your music is appropriate? Ask yourself if it would be appropriate for the dancer(s) to recite the song lyrics out loud in front of an audience of diverse ages. Would the audience and dancer feel comfortable?

COSTUMES: I agree that my dancer(s) costuming is Age Appropriate for the dancer(s) and audience of families. This means that costumes DO NOT include:

- Costumes that project a hypersexual undertone. (To be clear, rhinestones are OK but should not serve the purpose of highlighting the chest or pelvic region in a sexualizing way.)
- Thigh-highs that project adult sexuality and garter belts
- Any costume that reveals a part of a dancer's bottom. The gluteal region should be covered.
- Bikini tops that are made for swimming but used as costumes, IF they have nothing to do with the artistic concept, and project a sexual tone (ie: coupled with sexualized movement or flirty facial expressions)
- Fishnets **IF** they project adult sexuality upon dancers (Note: If used in a non-sexualized context, fishnets can be appropriate. Be mindful of the tone).
- Leather/catsuit/dominatrix-type costumes
- High heels, thigh high boots/heels that project a sexual tone (Does not include traditional dance shoes that have a low heel, such as character shoes, some tap shoes, etc., which are all acceptable).
- T-shirts that display a message of sex, violence, or drug use
- Attire that mimics lingerie, undergarments, corsets, and bustiers, IF they express adult sexuality (these items are acceptable if used in a non-sexualized manner)
- Costumes that expose the buttock, groin, or pubic area.

CHOREOGRAPHY AND MOVEMENT: I agree that my movement and choreography are age and developmentally appropriate for all dancers as well as the viewing audience. It DOES NOT include:

- Sexually suggestive moves such as twerking (this excludes African, Afro-Caribbean, or Brazilian dance moves or any movement of the

hips, pelvis, buttock and torso that do not promote a sexualized message), sexualized “booty pops”, lip licking, finger licking/sucking, and breast or groin stroking, sexualized hair whipping and ponytail pulling, patting or pointing towards breast or genitalia, or lip pouting that promotes a sexual to

- Obscene gestures, drug or alcohol use, or gang activity (“gang” symbols, etc.)
- Sexually suggestive grinding, humping the floor, sexually straddling a prop (such as a chair) back arches with bottoms to the audience in a suggestive manner
- The use of props that are sexually suggestive or meant to depict violence (chairs used in a flirty or sexualized manner, whips, chains, guns, or knives, etc), unless they are part of age-appropriate storytelling (Pirates of the Caribbean, etc.)
- Staging of the dancers in a row touching each other and then rolling their bottoms or gyrating their hips in a sexually suggestive way
- Spanking themselves or another dancer on the bottom or running their hands up another dancer’s body in a seductive manner
- Crotch drops in a deep plié, either by itself or multiple bouncing while engaged low on the floor that adds a hypersexualized tone
- Artistic concepts or themes with sexual connotations or references to drug or alcohol use (such as “partying at the club”)
- Expressions that connote an “invitation” on the part of the audience to view the dancer as a sexual object (e.g., “come hither” looks, winks, long gazes, and provocative stares directly into the eyes of judges or audience
- Unsafe physical practices, hypermobility and tricks that could lead to acute, overuse, or long term injury.

CONCEPTS: I agree my concepts and themes are age appropriate for all dancers as well as the diverse ages of the viewing audience. They DO NOT include:

- Sexualized behavior

- Racist, homophobic, misogynistic, or other behavior that could be considered discriminatory anything promoting violence or relating to physical or mental abuse
- Dangerous or criminal behavior that could glamorize such behavior or could be considered discriminatory; or may encourage others to imitate it
- Drug and/or alcohol use
- Reference or allusions to adult sexual activity (even if not explicit)
- Anything involving glorifying physical and/or gun violence, or gang activity
- Misandrist (communicating a dislike, contempt or ingrained prejudice against males) or misogynist (communicating a dislike, contempt or ingrained prejudice against females) concepts
- Straddling chairs in a seductive manner or using props (including bars and poles) with a sexualized tone or explicit intention

I agree to take a sensitive approach to the following concepts especially for family friendly events with audience members of all ages.

- Perpetuating “mean girl” or “womanizer” stereotypes
- Heartbreak/romantic love set on young children
- Social justice
- Gun violence
- Holocaust
- Addiction
- Mental illness
- eating disorder
- Politics
- Religion
- Terrorism

Please contact us with any concerns about these topics within a routine. We will allow them if handled with care and, **if needed, will offer a warning to the audience** before the dance is performed, so that they have the option and opportunity to not watch.

PREVENTION: I understand that these Artistic Standards as well as guiDANCE’s Rules and Regulations clearly state what is and is not appropriate for guiDANCE events. I understand these guidelines are not

opinion-based, but created by applying research-based evidence to offer a happy, healthy and safe experience for all. I understand I may be contacted about music that is submitted in advance, and be asked to make edits or, in some cases, swap the song so it meets these standards.

CONSEQUENCES: I understand I will receive feedback at the event on music, costume, movement, and concept from the adjudicators. I understand the following deduction and disqualification rules will be enforced.

DEDUCTIONS: For each category above, each adjudicator may deduct points where the artistic standards are not upheld.

DISQUALIFICATIONS: Routines will be disqualified if the adjudicators and/or event director decides the piece violates the set forth commitment to a family friendly environment then the piece may be disqualified. guiDANCE's Event Director will seek out the studio director and/or choreographer to discuss the content and find solutions for future entries.